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"Every time you smile at some one, it is an action of love, a gift to that person, a beautiful thing."

Mother Teresa

JAIN TEMPLE NEWS

CHITHARAL JAIN TEMPLE CARVED TO PERFECTION



On the banks of the river Tamraparni, amid the lush greenery and gigantic rocks, is the Chitharal Jain monument, which was erected as an abode of the Jain monks of the Digambara sect. Known as malai kovil among the natives of the Melpuram village, the place of visual beauty and charm is hardly a two hour drive from Thiruvananthapuram and eight kilometres from Marthandam, which is in Kanyakumari district of Tamil Nadu. One can walk up the Thotti Palam, which is one of the longest and tallest aqua ducts in India. As you pace through the stone path with green bushes and overgrown weed on either side, you will first reach a park founded by the Archaeological Department with stone benches and rock sculptures. As you move further, you come across a shady peepal tree with several names inscribed on it and a flight of stone staircases that lead to the Jain temple. After squeezing yourself between the two rocks, which act as a gateway to the Jain monuments, you could

try entering the calm and cold innards of the cave. This rock cut cave temple is centuries old and was built during the reign of the Jain King, Mahendra Verma I. The temple is abundant with life size rock carvings and sculptures of Thirthankaras and has idols of Jainatheertha Parswanathan and Mahaveer. Several hibiscus plants surround the temple and a small pond is situated right in front of the temple. Though the place is unbelievably beautiful and surprisingly clean, you may not find any guide, so a little background reading about the place would come in handy. Courtesy: Yashwant Malaiya, E-Mail : ymalaiya@yahoo.com

NEW JAIN TEMPLE IN KUALA LUMPUR, MALAYSIA



Kuala Lumpur: The morning breeze was filled with the smell of burning incense as devotees took part in the consecration ceremony of the latest Jain temple in the city. The new Jain temple in Malaysia will meet the social and religious needs of more than 5,000 Jains settled in that area. The temple is built with marbles supplied from India. Malaysian, Human Resources Minister Datuk Seri Dr S. Subramaniam, speaking on the occasion said "Jains, although a small community, were a significant part of the many cultures and societies that made up Malaysia.

Jainism promotes the common development of humanity. It is not just a religion, but a way of life." Gujarati Association President Datuk Bhupat Rai M. Premji said, that holding on to one's traditional beliefs

was important in a rapidly changing world. We need to maintain our rich social, cultural and religious roots. Jains overcome temptations, anger, greed and pride by practising non-attachment with the material world and living a peaceful and disciplined lifestyle. The three-day ceremony continues with a chariot procession in Lorong Maarof, Bangsar Park.

900-YEAR- OLD - JAIN BASADIS IN HALEBEEDU BEING NEGLECTED BY ASI



These historic sites are slowly eroding due to lack of maintenance. Vijayi Parshwanath temple at Bastihalli in the town and Jain basadi's are losing sheen everyday. The foundation of the temple are slowly developing cracks. The roof of the temple leaks during rainy season. The temple supposed to have been built in 1133 by then Hoysala king Vishnuvardhana is worth visiting only during summer, as the floor, walls and roof start flaking and releases water droplets during rainy days and cool the atmosphere. The bats have made the temple their homes making the temple premises untidy. The priceless sculptures are being eroded. Weeds have made their way surrounding the temple and on the roof. The Manasthamba of temple is becoming brittle and delicate everyday, say locals. The basadi's will be a thing of the past if the neglect continued, they add. Bridge cave in Meanwhile, a bridge near the Dwarasamudra, a crucial link between Halebeedu and Hassan

town has caved in posing danger for commuters. The road is used by heavy vehicles and buses. A portion of the bridge collapsed on Wednesday while there was heavy rush on the road. The sudden caving in of the bridge created panic among people. The bridge is decades old and had been poorly maintained all these years. The residents have appealed to the PWD to immediately take up repairing of the bridge. The daily commuters have appealed the concerned authorities to take up immediate repair works on the bridge to facilitate the easy movement of the traffic on the bridge. Source: Mr. Yashwant Malaiya, E- Mail: ymalaiya@yahoo.com

BIRTH CEREMONY OF LORD SAMBHAVNATH CELEBRATED



Shravasti: The birth ceremony of the third proclaimer of Jainism Lord Sambhavanath was celebrated with great fervor at Shravasti. A huge chariot procession was also taken out from Digambar Jain temple. It was launched by state minister Daddan Mishra by breaking a coconut. Jain devotees and a number of foreign tourists participated in the chariot procession. After starting from the Digambar Jain temple, the chariot reached the original birth place of Lord Sambhavanath at Mahet where the three 'Indras', Nitesh Jain, Saurabh Jain and Abhishek Jain, performed 'Mahamastikabhishek' of the Lord. Thereafter, Nitesh Jain of Bahraich bid highest for 'gyanmala', 'poolmala' and 'sahasramala' of the Lord and won it. Shobhanath Temple is one of the important temples of

Shrawasti. Many pilgrims visit this temple every year. The 'Shobhanath' temple at Srivasti is believed to be the birthplace of Jain tirthankar 'Sambhavanath. Shrawasti is an important center in Jain religious history.

ANCIENT JAIN TEMPLE IN KERALA BEING RENOVATED



Palakkad: The ancient Jain temple in Palakkad district, representing typical Jain architecture, is all set to reopen after renovation. The historic Digambar shrine, of Chandraprabha, the eighth Thirthankara in Jainism, was in a dilapidated condition for long. Suffering ravages of time, its brickworks were damaged and cracks appeared on the temple walls. However, through massive renovation which began two years ago, the structure has been restored to its past glory and is expected to be open on next year. Digambar Jain temple at Jainimedu, located about three km from Palakkad town, was built by a family of diamond merchants who came from Kanakahalli in Karnataka centuries back. Three merchant brothers - Ejjenra Shetty, Doddu Shetty and Payappa Shetty - used to visit Kerala for trade. During one such visit, the second brother -- Doddu Shetty

- died of some illness. Their brother's untimely demise saddened the two others. They visited Elacharya Muni, a Jain saint living in the area to find a way to relieve themselves of their sorrow and built the temple in memory of the deceased brother.

They later settled around the shrine with their families and in due course of time around 400 Jains came to be settled in and around the temple. As majority of them were pearl and diamond merchants, the place later came to be known as "Manikyapattanam" (diamond town) and "Muthupattanam" (pearl town). The place also came to be known as 'Jainimedu' due to the presence of the Jain temple. It is believed that, the temple was built between BC 100-500. Some say that our ancestors had roots in Gomadhagiri in Magadha in ancient India. But some others believe, they had come from Karnataka.

VIEW FOOTPRINTS OF JAINISM IN UNITED STATES

Please click this wonderful site to see all temples in USA: www.jainmaps.com

SAINTS

SANTHARA AN ESTABLISHED JAIN PRACTICE TO ATTAIN SALVATION

Amar Chand, 76, died after observing "santhara", a centuries-old Jain practice where a person starves to prepare spiritually for their death. Mr Chand's family members in the city of Ajmer said, he had been ill for some time and decided to fast. He attained salvation by observing santhara. Two more women in the state - Kela Devi and Dhanni Devi - are observing the practice and have given up eating. Some time back, a Jain woman, 60-year-old Vimla Devi, died in the state capital, Jaipur, after fasting for 14 days. Vimla Devi, from Jaipur, observed Santhara, a centuries-old Jain practice, where one starves to spiritually prepare for death. Vimla Devi was terminally ill and suffering from cancer. Her family says that her decision to observe Santhara was sanctioned by a Jain cleric and her family members. She had expressed her wish to adopt Santhara and give up her life and for 14 days she did not eat or drink. Vimla Devi's family did not mourn or cry at her funeral. Instead, a large number of people from the community took out a procession and chanted prayers along the way.

Her fast led to a petition in the state's high court by critics who say the practice is similar to suicide. Nikhil Soni, who filed the court petition, says he tried to break her fast and had even informed the local police asking them to take action. But police told him they were seeking legal opinion on the issue. Defending the custom, a female Jain priest, Sadhvi Shubhankar, said, Santhara is centuries-old and cannot be compared to suicide. "It is not an act of suicide, it is an act of rational thinking and courage." In the last few years, there have been nearly a dozen cases of Santhara, including one some months ago when a Jain cleric starved to death in Sriganganagar.

It is very unfortunate that a section of the society is questioning santhara and equating it with suicide or sati. Sati is the ancient Hindu practice in which women die on their husband's funeral pyre. It is an old tradition and has religious sanction, it is similar to a Sikh carrying a kirpan. Jain Samta Vahini, an organisation representing the Jain community, has claimed that every year, around 100 people observe "santhara" to attain salvation. It is normal among Jains and we regard it with utmost respect. However, Campaigners want the practice banned, saying it is similar to suicide.

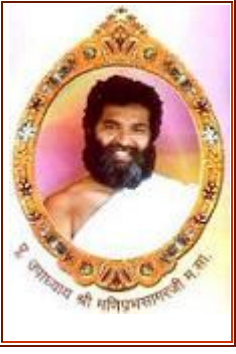
CHRISTIANS AND JAINS HAVE MANY THINGS IN COMMON: CARDINAL TAURAN



Christians and Jains need to join hands together to preserve and promote life with dignity and freedom, said Cardinal Jean-Louis Tauran, President of Pontifical Council for inter-religious dialogue. He was speaking at an inter-religious seminar in New Delhi on November 13 that highlighted the similarities between the two communities. "Christians and Jains have many things in common. As Christians, we believe that life is very precious and the Jain religion too upholds the sanctity of life and urges its promotion and protection," said the cardinal. He said that "our vocation to promote respect for life, non-violence, peace and harmony in today's world brings us together with the common bond of mutual affection for each other." The cardinal called on all the protagonists of politics, economic and social

communications to do everything in their power to "promote a culture which respects human life." The seminar was part of the cardinal's 10-day visit to the country during which he held deliberations with leaders of different faiths. He met with the Hindu delegation in Pune and the Sikhs in Amritsar. Sadhvi Sadhna from the Jain community said that a person has to believe in his/her religious scriptures as no religion teaches hatred or non-violence. "We have to shun violence, ego, hatred from within ourselves, only then we will be able to bring a change in the world," she said. She said that the world will not have to conduct such conferences to promote peace and harmony if "we bring a change in ourselves." Fr. Vincent Sekhar, associate professor of Philosophy, marked out areas where the two communities could "seek to do something jointly with their religious and other assets in mind." Some of the areas he specified were protection, preservation and promotion of life, work of the betterment of ecology and environment and preparing religious texts on major themes like family, social life, diversity and equality. The seminar was organized by the pontifical council for inter-religious dialogue, Archdiocese of Delhi, Catholic Bishops' Conference of India and world fellowship of religions.

क्या मैंने घर की सफाई के साथ साथ अपने विचारों की सफाई की? - उपाध्याय मणिप्रभासागर



जब ये वाक्य आप पढ़ रहे होंगे इस वर्ष की दीपावली जा चुकी होगी। सफाई का कार्य तो सभी ने किया ही होगा। घर, दुकान आदि की सफाई के लिये पर्याप्त समय दिया ही होगा। सफाई के साथ साथ सजावट भी की होगी। दीपमालाएँ सजाई होगी। पर क्या मैंने घर की सफाई के साथ साथ अपने विचारों की सफाई की? क्या मैंने दुकान की सफाई के साथ साथ हृदय की सफाई की? वहाँ कितना कचरा और कूड़ा भरा है? क्या मैंने अपने अन्तर के अंधेरे को दूर करने के लिये सद्गुणों की दीपमालाएँ प्रकट कीं! या मैं अंधेरे में ही जी रहा हूँ। सच तो यह है कि मैं अंधेरे का अभ्यस्त हो गया हूँ। अंधेरे को ही मैंने अपना साथी बना लिया है। अंधेरे से ही मैं प्यार करने लगा हूँ। मैं दीपावली क्या मना पाऊँगा। दीपावली मनाने का अधिकार तो उसे हैं जिसके अन्तर में प्रकाश के प्रति उत्सुकता हो! जिसके हृदय में अन्धकार का तिरस्कार हो! जो अपने अंधेरे को दूर करने के लिये प्रयत्नशील हो! यदि हमें दीपावली मनानी है तो आत्मा के क्षेत्र में भी दो काम करने होंगे-

1. सफाई 2. सजावट

पहले सफाई होगी फिर सजावट होगी। सफाई के अभाव में सजावट व्यर्थ होगी। पात्र को साफ किये बिना उसमें अमृत नहीं उंडेला जा सकता है। और यह भी तय है कि बिना साफ किये उसमें अमृत उंडेल दिया जाय तो वह अमृत अपना अमृतत्व खो देगा। और वह भी कचरा हो जायेगा। इसलिये पहले सफाई अनिवार्य है। और सच तो यह है कि सफाई ही सजावट है। अतिरिक्त सजावट का कोई अर्थ नहीं है। सफाई से बढ़कर और कोई सजावट हो नहीं सकती। हमारे अपने अन्तर में कषाय का न मालूम कितना कचरा भरा पड़ा है। उसका हटना ही आलोक का आगमन है। वही दीपमाला है! वही पर्व है! वही महोत्सव है! प्रेषक - जहाज मंदिर कार्यालय, Jahaj Mandir, E-Mail : jahajmandir99@gmail.com

व्यक्ति को वीतरागी के उपदेशों का अनुसरण करना चाहिए - तेरापंथ आचार्यश्री, उदयपुर

तेरा पंथ के 11वें अधिशास्ता आचार्य महाश्रमण ने कहा कि व्यक्ति को वीतरागी के उपदेशों का अनुसरण करना चाहिए। संतों, आचार्यों, धर्माचार्यों आदि के उपदेशों का अनुसरण कर व्यक्ति अपने जीवन को सफल बना सकता है। आचार्यश्री जेत पुरा गांव के स्कूल में श्रावक सभा को संबोधित कर रहे थे। उन्होंने कहा कि वितराग की पूजा करना अच्छा है। वितराग के आचरणात्मक निर्देश हैं उनकी भी पूजा करनी चाहिए। व्यक्ति जीवन में सत्य की साधना करे और नशामुक्त जीवन जिए तो वह अनेक कष्टों से मुक्ति पा सकता है। आचार्यश्री ने कहा कि अणुव्रत नैतिक उत्थान का एक अच्छा उपक्रम है। व्यक्ति अणुव्रत के छोटे छोटे नियमों का अनुसरण कर अपने जीवन में बदलाव ला सकता है। किसी निरपराध प्राणी का वध नहीं करना, मिलावट नहीं करना, कन्या भ्रूणहत्या नहीं करना, अनुकंपा की चेतना का विकास करना आदि अणुव्रत के ही नियम हैं। अणुव्रत के नियमों का पालन कर व्यक्ति कई अपराधों से बच सकता है।

भव्य स्वर्ण कलशारोहण - जैन लाल मंदिर, दिल्ली

भारत की राजधानी दिल्ली के ऐतिहासिक श्री दिगंबर जैन लाल मंदिर के भव्य शिखरों पर "भव्य स्वर्ण कलशारोहण" व "बड़ा चांदी का नव द्वार निर्माण" समारोह 16-17 नवम्बर को होगा, कार्यक्रम स्थल: लाल किला मैदान, साक्षात् सानिध्य - परम पूज्य आचार्य श्री विद्यानंद जी मुनिराज ससंघ, परम पूज्य आचार्य श्री धर्मसेन जी मुनिराज ससंघ [आचार्य बाहुबली सागर जी महाराज के परंपरा आचार्य], एलाचार्य श्री श्रुतसागर जी महाराज, उपाध्याय श्री प्रज्ञासागर जी मुनिराज व आर्यिका माता जी सासंघ के सानिध्य में होगा!



FOR EXTERNAL PEACE, SIX YOUNGSTERS EMBRACE JAIN MONKHOOD



Inspired by the teachings of Acharya Shri Ram Lalji Maharaj, who is currently touring Chennai, six youngsters (3 boys and 3 girls), Payal, Purvi, Jaishri, Harshit, Subahoo and Gaganthukkat have decided to embrace monkhood. The diksha ceremony will take place on October 31. The youngsters feel that they are inspired and influenced both by their guru and parents to tread the path of a sadhu. Purvi, aged 23, is a graduate in electronics. Jaishri Parakh, 28, has a B.A degree. Payal Kathiya, 22, has studied up to B. C. A. The grand event would be held in Chennai during which the Acharya will deliver discourse and bless the six youngsters and

initiate them into monkhood. A few thousands of Jains based in the city came out to the streets to participate in a procession held in recognition of their impending sacrifice and to celebrate their dedication to their community and its ideals. The procession went from Sowcarpet to Prince Galada Gardens on EVK Sampath Salai causing minor hiccups to the traffic owing to the weekend. The youngsters were dressed at their best and adorned jewelry which they will sacrifice once the dheeksha is over. They will give up all worldly pleasures and will not own any possessions. They will own no more than two sets of clothes and will not use electricity. Besides, they will walk everywhere but without slippers. People carrying rupee notes in hands thronged the chariots to get them kissed and blessed by these youngsters. "Blessings from a youngster who is sacrificing worldly pleasure will bring prosperity to others in the world," said an old woman who passed a ₹10 note to be kissed by one of the Dheekshas. While the air was filled with blaring music and festivity, the weight of the sacrifice hung heavy on the face of the parents. Later at Prince Galada Gardens, the six were felicitated by P Jothimani, Judge, Madras High Court, and P Raja, ADGP of EOW, Chennai.

JAIN FESTIVALS

PRESIDENT OBAMA CELEBRATES DIWALI IN WHITE HOUSE



The White House celebrated Diwali invoking the spiritual significance for Hindus, Sikhs, Jains and Buddhists, and recognized the contributions of the Dharmic community. The White House also highlighted its efforts to reach out and include the community in the government process and in service. President Obama remarked: "This summer the White House hosted its first ever convening to promote community partnerships around seva and we have a service supporter here. Diwali, it is a time for reflection and remembrance of those in need. With so many Americans facing challenge it is important for us to remember our obligation to humanity and to one another. ...It is on behalf of the American people and with the hope that each of us will renew our commitment to serve our neighbors, I invite the priest Narayanachar Digalakote to lead us into prayer and light the Diwali diya.

"President Obama brought together faith and multicultural acceptance to the faith based council and to our nation. Hinduism exemplifies the American ideal of "E Pluribus Unum," - "out of many, one." The foundation of the Indian civilization is based on the ancient Vedic scripture: "Ekam Sat, Vipraha bahuda vadanti," meaning, "The Truth is One. The Realized Ones describe the One Truth in several ways." Celebrating the most auspicious day for Hindus is truly a celebration of the common ideals that we as a nation cherish.

Hindu American Seva Charities is honored at the recognition it received for developing the seva (service) capacity in the Hindu American community. Personally, it was humbling to have the President of the United States take note of our effort. As I mentioned at the White House, I do believe, now, we have succeeded in creating a national voice where there was none when we celebrated Diwali at the White House for the first time in 2009 with President Obama. A paradigm shift of inclusion has occurred! And we have demonstrated how we Hindu Americans can strengthen America globally. Our seva voice has proved that we are ready to tackle difficult tasks facing our country, every step of the way. We are now spurring a new generation of Hindu volunteers, our future leaders. The celebration of service during festivals or Utsav Seva, is one way we are accomplishing this. Asim Mishra, Deputy Chief of Staff, Corporation for National and Community Service explained CNCS is an agency which creates service opportunities. He said his Hindu upbringing gave him the moral direction -- duty to oneself and to the community and of taking action in ways that light and truth prevailed, which in essence is Diwali. He said the country needs everyone to serve. "The Dharmic community is leading great work that will - in the words of President Obama - win the future by out-educating, out-building and out-innovating on a universal scale." On behalf of the community, President Obama was offered a Diwali gift of a Ganesh statue as a symbol of removal of obstacles in governing the country. Thanking the community President said, "I am grateful this has turned out to be a momentous Seva focused Diwali celebration at the White House". Source : Anju Bhargava, www.twitter.com

AHIMSA

BAD NEWS - INDIA IS PROGRESSING IN MEAT EXPORT

India displaces the United States as third largest exporter. Beef exports are forecast to rise 5 percent in 2012 on robust global

demand, particularly by Southeast Asia, the Middle East and North Africa. India accounts for nearly half of world growth in 2012 on increased supplies and price-competitive shipments to emerging markets. Expansion enables the rising exporter to nudge the United States to become the world's third largest exporter. The United States maintains gains achieved since in 2003, the last year before the BSE detection in Washington State, to reach record level exports. Despite a weak dollar, additional U.S. growth is constrained by lower production. Details can be view by clicking the link www.fas.usda.gov Courtesy: Herma Caelen, www.evana.org

DECEMBER 2011 - DR. RAJENDRA MUNI, NEW DELHI



S. No.	Date	Parv	Hindi Dates
1	04.12.2011	Arahnath Janm Kalyanak	Margashirsa sudi -10
2	04.12.2011	Arahnath Moksh Kalyanak	Margashirsa sudi -10
3	06.12.2011	Arahnath Diksha Kalyanak	Margashirsa sudi -11
4	06.12.2011	Malinath Janm Kalyanak	Margashirsa sudi -11
5	06.12.2011	Malinath Diksha Kalyanak	Margashirsa sudi- 11
6	06.12.2011	Malinath Diksha Kalyanak	Margashirsa sudi- 11
7	06.12.2011	Amrit sidhi yog	
8	09.12.2011	Sambhav Nath Janm Kalyanak	Margashirsa sudi -14
9	09.12.2011	Pakshik Parva	Margashirsa sudi -14
10	10.12.2011	Sambhav Nath Diksha Kalyanak	Margashirsasudi- 15
11	10.12.2011	Amrit sidhi yog	
12	18.12.2011	Amrit sidhi yog	
13	20.12.2011	Pashvanath Janm Kalyanak	Paus wadi -10
14	21.12.2011	Pashvanath Diksha Kalyanak	Paus wadi -11
15	22.12.2011	Chandra Prabhu Janm Kalyanak	Paus wadi-12
16	22.12.2011	Chandra Prabhu Diksha Kalyanak	Paus wadi -13
17	23.12.2011	Shitalnath Kewal Gyan Kalyanak	Paus wadi - 14
18	24.12.2011	Pakshik Parva	Paus wadi - 30

FRENCH GOVERNMENT OUTLAWS VEGETARIANISM IN SCHOOLS



14 October 2011, A governmental order issued on October 2, 2011 has determined that all meals served in school canteens in France must contain animal products, and that meat and fish will be served at a certain minimum frequency. This implies that by law from now on no vegetarian can eat at any public or private school in France. Six million schoolchildren are now forced to eat animal flesh, whether they wish to or not. For many families lunch at home is not an option. At best, a vegetarian student will be allowed to leave the meat on the plate, and consequently suffer from inadequate and imbalanced meals. Following a law voted last year by the French Parliament, similar decrees will be taken shortly regarding almost all

forms of catering from kindergarten to hospital, prisons and retirement homes. Vegetarianism will then have effectively been banned for a large part of the population. These measures ostensibly aim at ensuring the nutritional quality of the meals. Animal flesh is imposed as the only source of good quality protein and iron and dairy products as the only sources of calcium, in disregard of the fact that all these nutrients can be obtained in adequate quantity and quality from plant and mineral sources. The internationally recognized fact that: appropriately planned vegetarian diets, including total vegetarian or vegan diets, are healthful, nutritionally adequate, and may provide health benefits in the prevention and treatment of certain diseases [and that] well-planned vegetarian diets are appropriate for individuals during all stages of the life cycle, including pregnancy, lactation, infancy, childhood, and adolescence, and for athletes is flatly ignored.

No practical considerations warrant a blanket prohibition of vegetarianism even in those canteens where the management is willing to offer vegetarian or vegan alternatives. These decrees are thus an arbitrary violation of the rights of the vegetarian citizens of France. The European Vegetarian Union wishes to point out that the decision that many citizens have taken not to eat animals is not a mere dietary whim or a nonconsequential choice of lifestyle, but follows, for many of them, from deeply held beliefs about the way animals should be treated. A democratic government cannot arbitrarily restrict the beliefs of its citizens nor the practice thereof. The Charter of Fundamental Rights of the European Union, which is binding on member states including France, holds that: Everyone has the right to freedom of thought, conscience and religion. This right includes freedom to change religion or belief and freedom, either alone or in community with others and in public or in private, to manifest religion or belief, in worship, teaching, practice and observance.

The public debate regarding animal rights and the moral status of animals is active in France as in many other countries. Citizens are entitled to choose freely where they stand on these issues, and those who believe that they cannot, in conscience, accept to eat animals must not be discriminated against. A government cannot settle a philosophical, ethical and political debate by restricting the rights of those who disagree with its own positions. For years, the official policy of the French government has been openly hostile to vegetarianism. The French agriculture minister, Bruno Lemaire, declared in January 2010 that the government's aim in determining its public nutritional policy was to defend the French agricultural model and specifically to counter initiatives such as those of Paul McCartney calling for a reduced consumption of meat.

The European Vegetarian Union is demanding for the recent governmental orders outlawing vegetarianism in school canteens be rescinded and that the French government respect the civil rights of its vegetarian citizens. Source : Renato Pichler, President, European Vegetarian Union, Niederfeldstrasse 92, CH-8408 Winterthur, www.euroveg.eu , E-Mail - president@euroveg.eu

MP (INDORE) TAKING LEAD IN PRODUCTION OF AHIMSA SILK



Forest Department has selected Indore as centre for increasing production of Tussar silk from *Antheraea Pernyi* genes of worms. Tussar is also popularly known by its Sanskrit name 'kosa' and is cherished for its natural golden colour and texture. It is extracted from cocoon only after the silk worm larva leaves it, and hence, it is also known as 'Ahimsa' silk. The proposal for setting up a Tussar silk production unit on an area of 950 hectare in Indore has been devised under the Forest Development Scheme of MP Government. Around 1000 hectares area will be provided under the scheme in Indore district. As per the estimates the proposed project would facilitate collection of around 20 to 25 million cocoons from Indore circle. The Sericulture Department distributes worms to the locals at no cost and purchases cocoons from them at a rate of Rs. 1.55 per cocoon. Anyone engaged in cocoon collection can make around can really make good money from the activity. The rearing and collection period for the cocoons is around two months, while November-December is the best season for introducing cocoons. During last fiscal, Tussar production was undertaken on more than 100 hectares of land in Jhabua and Alirajpur in Indore circle.

HONOUR & AWARD

SUDHANSHU JAIN IS WINNER OF CARL MARKS PAPER COMPETITION



Chicago, Nov. 15, 2011 - The Turnaround Management Association awarded the 2011 Carl Marks Student Paper Competition Award to Sudhanshu Jain, who earned his Master of Science degree in finance and MBA from the Naveen Jindal School of Management. He was honoured for his case analysis during an awards ceremony at the 2011 TMA Annual Convention in San Diego. The first-place prize consisted of a \$3,000 cash stipend and expenses to the annual convention. The student paper competition recognizes outstanding achievement in the study of corporate renewal by students enrolled in MBA or equivalent business-related master's programs at the time the paper is written.

Established in 2003, the national competition is funded by Carl Marks Advisory Group LLC in New York. Jain's paper, "Restructuring Zales Corporation" put forth a comprehensive restructuring plan for the financially ailing jewelry retailer based in Irving, Texas. Among other things, the paper recommended closing down underperforming stores, changing the corporate structure to reduce expenses, introducing new product lines and divesting unprofitable brands. Carl Marks Advisory Group LLC, www.carlmarks.com, with offices in New York; Vienna, Va.; Bedminster, N.J.; and Charlotte, N .C., provides a wide array of investment banking and financial, operational and real estate advisory services to the middle market, including mergers and acquisitions advice, sourcing of capital, financial restructuring plans, strategic business assessments, improvement plans and interim management.

JAIN RATNA AWARDED TO DR. BHAGCHANDRA JAIN BHASKAR 2010

Jain World Foundation has awarded "Jain Ratna" award to Professor Dr. Bhagchandra Jain Bhaskar for his vision and life time dedication to Jainism. He is a Jain scholar, activist reformer, a great orator, visiting Professor to Universities in the United States, Canada, and Europe, prolific writer with about 70 books and 300 research papers. He has undertaken several landmark projects to protect Jainism, enhance its visibility, inspired and motivated thousands to dedicate to the cause of Jainism. His selfless service, simple and humble nature and love for Jainism is what makes him different than other and has kept many inspired and motivated. Source: Vinod Daryapurkar, Chairman Jain World Foundation USA and Elizabeth Lehmann, Chairperson Awards Committee.

A VISUALLY IMPAIRED AMIT JAIN RECOLLECTS HIS INSPIRING JOURNEY TO IIM-A



Amit Jain is an alumnus of Indian Institute of Management, Ahmedabad (IIM-A) 2005 batch. Amit was one of the first visually impaired students to make it to the IIMs. In his words, " I belong to a middle class family and my vision problem was discovered very early when I was just one month old. I never went to a special school and my parents ensured that I should get into a normal school and study with sighted children, so that I would face the challenges like other students. After completing my 12th, I went to NIVH (National Institute for Visually Handicapped) for a three month training to understand Braille (system used by the visually handicapped to read and write). I had partial vision, still I wanted to learn Braille and so I went to NIVH, in Dehradun. Once I completed my graduation, I was preparing for civil services, but could not make it.

Then I appeared for CAT examination and was able to make it to IIM Ahmedabad. Talking about my experience with normal education, and schooling, yes, there were certain challenges. In regular schools, you will always find there would be certain people who will be very supportive to you, some would be neutral and others would not be supportive at all. Overall, I would say the experience was quite cordial, especially with the teachers."

HONOUR

Dr. Jaswant Kothari of Ahmedabad was honoured with "Excellence Award" for his services to humanity and contribution to society at the Jain Doctors' International conference-2011, in the presence of Shri Nayan-Padam Sagar Ji maharaj held at Pune. More than 300 doctors had participated actively in the conference.

प्रो. फूलचंद जैन प्रेमी बी. एल. इंस्टिट्यूट, दिल्ली के नए निदेशक बने



दिल्ली, प्राच्य विद्या के सुप्रतिष्ठित संस्थान भोगीलाल लहर चंद इंस्टिट्यूट, दिल्ली के नए निदेशक के रूप में जैन विद्या, प्राकृत-संस्कृत तथा प्राच्य विद्याओं के वरिष्ठ मनीषी, सम्पूर्णानन्द संस्कृत विश्वविद्यालय, वाराणसी में जैन दर्शन विभाग के पूर्व अध्यक्ष तथा प्रोफेसर, अखिलभारत वर्षीया जैन विद्वत् परिषद् के अध्यक्ष जिनफाउंडेशन के अध्यक्ष प्रो. फूलचंद जैन प्रेमी ने कार्य प्रारम्भ कर दिया है। यह संस्थान प्रतिवर्ष २१ दिवसीय प्राकृत कार्यशाला का आयोजन ग्रीष्मावकाश पिछले पच्चीस वर्षों से कर रहा है। विशाल पुस्तकालय तथा हजारों पांडुलिपियों का विशाल संग्रह तथा उनका प्रकाशन यहाँ की प्रमुख विशेषता है। कई राष्ट्रीय तथा अंतरराष्ट्रीय सेमिनारों के माध्यम से इस संस्थान ने

वैश्विक स्तर पर प्रतिष्ठा प्राप्त की है। प्रो. फूलचंद जैन प्रेमी जी से वर्तमान पत्राचार का पता निम्न लिखित प्रकार से रहेगा- Prof. Dr Phoolchand Jain Premi, Director, B.L.institute of Indology, Ballabh Smarak Jain Mandir, G. T. Karnal Road, P. O. Alipur, Delhi-110016, Ph & fax 011-27202065,27206630, www.bl.institute.org, E-Mail: info@blinstitute.org

COMMUNITY SUPPORT NEEDED

APPEAL : - SAVE THE JAIN TEMPLE IN USA

1st time in the history of Jainism that a Jain Temple is not in the able to pay its DEBT to the bank and you have got a chance to save the temple. If we do not pay remaining balance to the bank in 30 days, Chase Bank of Arizona, USA may close temple forever. Phoenix Jain Center is doing whatever it takes to save the temple. Also, We are urging Jain community around the world to help Jain Temple in USA. Anyone can help with any amount. Check or cash or credit card to save the Jain Temple. Please send us Check in the name of "Jain Center of Greater Phoenix" and send it to address: 1757 W. Red Field Road, Gilbert, AZ 85233. Credit card can be paid thru our website www.jcgp.org.



First temple to have all 24 Tirthanker Pratima's Anjansalaka and Ankanyas ceremony Pratishthit outside of India. Anjansalaka was performed by Gachhadhipati Acharya Jaygoshsurisavraji maharaj saheb in India. Jain Temple in Phoenix is the only temple in USA to have Jain Pathshala Every Sunday. For more information please go to www.jcgp.org. We know that we need temples to pass Jain values and traditions in to future generations. So please

give some serious thought and open your hearts and your wallets and help us. With your support, we are confident that we can pay off the bank loan and will be on a strong financial footing. This generosity will be appreciated for generations to come as well continue to help carry Jain message forever. Your support will not only help us in keeping the tradition of Jainism alive in our future generations, but also it will demonstrate the power of united Jain community in North America and around the world. This Jain Temple belongs to all and we invite you, your family and friends to visit the temple. We thank you in advance for your support and contribution. Please visit our website to see details about temple and activities. Please do not hesitate to contact us for more details. Please visit our website to see details about temple and activities. Please do not hesitate to contact us for more details. Manish Mota 602-363-6145, Piyush Mehta 480-820-5091.

DOCUMENTARY FILM ABOUT BHAGWAN MAHAVIR

It's a pleasure to send you the project file of my proposed international documentary film 'In the Land of Mahavira'. This will be a unique film about Bhagwan Mahavira birth place and also many adjoining Jain pilgrimage centres associated with many other Tirthankars also, including Parshwanath in Giridih. Our aim is to propagate about these places worldwide and also among the vast Jain community in India, many of which are not properly aware about these great places. This film will create awareness and also lead to proper development of these areas so that more and more people can visit these places. I seek your help in raising sponsorship to materialise this divine endeavour. For sponsors', it's a great opportunity to get associated with this great cause. Our budget is only forty five lakhs and this is peanuts for benevolent Jain community. Rai Yashendra Prasad, Film Maker, Mumbai-Patna, www.yashendra.weebly.com, E-Mail: yashendra108@gmail.com

ANTI-SLAUGHTER MOVEMENT

Support "Anti Slaughter House" movement: A missed call to 0522-3095743 Are you an Animal Lover ? or Do you say Cow as your "GauMata" ? or Are you a Vegetarian ? then, Support "Anti Slaughter House" movement just by giving a missed call to toll free number 0522-3095743 and help us to save the life of more than 150,000 animals proposed to be slaughtered daily in upcoming 8 slaughterhouses in U.P. including Thousands of motherly cows. The call gets cut automatically after one ring. After giving a call to this no. You will receive a thanks message. Forward this to as many to make India 'Free of Slaughter Houses.'

APPEAL BY GREENPEACE INDIA



The Biotechnology Regulatory Authority of India bill, will be back in the winter session of Parliament. The bill will create a body which will allow genetic modification of crops in our country and threaten our food and health. The bill has to be stopped. Large tracts of forests in Central-eastern India face the threat of destruction. The government wants to mine coal in these forests which are home to tigers, leopards and millions of people living in them. These forests need to be saved. Leaders of the telecom sector made a promise to develop a detailed plan to reveal their carbon emissions and use cleaner and sustainable energy to power their network operations. They have to be reminded about fulfilling their promise. All this work is happening because of the support from people like you. Financial support from you helps Greenpeace stay independent of government or corporate influence. This helps the organisation take on strong corporate entities, government bodies and anyone who messes with the planet. Can you make a financial contribution to Greenpeace India and strengthen the fight to keep our food, forests and environment safe? - Swati Mehta, Greenpeace India, E-mail: Greenpeace.india@mailing.greenpeace.org

MISCELLANEOUS NEWS CLIPPINGS

COLLECTION OF CURRENCY NOTES BY SUDHIR JAIN

Number 11-11-11, The date is a perfect same-numbered palindrome, reading the same backwards as forwards. It is an event which can only happen on one day every 100 years and which will not come around again in the lifetime of most of us. This date is so unusual as 11.11.11 is the only double-figure palindromic date, since there is no 22nd month.

I collect currency notes, specially of fancy numbers. I have notes of this unique number 111111 in all the denominations i.e. Re. 1/-, Rs. 2/-, Rs. 5/-, Rs. 10/- , Rs. 20/-, Rs. 50, Rs. 100/-, Rs. 500/- and Rs. 1000/-. I am exhibiting here some of such notes. Sudhir Jain, Universal Cables Ltd., Satna (M.P.) 485 005.



TWO YOUNG BOYS COMPLETE 8-DAY RELIGIOUS FAST (AATHAI) IN USA



Sahil Doshi, 12, and Sanil Doshi, 10, are the youngest to have ever completed an annual religious fast that takes place at the Jain Center in nearby Buena Park, USA. According to the Jain Centre spokesperson, "the two boys were the youngest to ever participate in the religious fast since the inception of the 'Jain Center of Southern California' located in nearby Buena Park". The center is a non-profit religious organization that practices, promotes and preserves Jainism, an Indian religion that prescribes a path of non-violence toward all living beings. Paryushan Mahaparva is a religious Jain event held yearly at the center, where Tapascharyas -- the act of fasting for body, soul and heart purification -- is observed for a number of days. During the eight day period, the boys drank only boiled water from sunrise

to sunset, after which no food or water were allowed. The boys also visited the temple and took part in prayer throughout the fast. Outside of their religious practice, Sahil and Sanil are also active in youth activities and attend Sunday classes for Jainism, language and cultural activities. At the end of their fast on Sept. 2, friends and family visited the Doshi's home in Cerritos to perform Varghodo an act of cheering, dancing and singing with religious music. Everyone participated in Parna where each person offers a spoonful of special drink, mainly coconut juice and sweet water, to the members who took part in the fasting. It was indeed a time of joy and celebration to recognize the achievements of these young boys, who made their parents, Tejas and Pinkal Doshi and all their family and friends very proud.

CAN JAINISM SURVIVE IN 21ST CENTURY?

By: Dr. Sulekh Jain and Dr. Yashwant K. Malaiya

A few religious communities like Parsees and Jews have identified the threat to their existence. The Parsis have managed to survive after arriving in India. However, today they are raising very few children and are on the verge of extinction. Half the Jews in USA marry outside. Studies show that most grandchildren of Jewish non-Jewish marriage do not identify with Judaism. But they have at least recognized the problem. Jain community appears to be completely oblivious of the future it faces. There are no debates or discussions. Many Jains today discount the census count (4,225,053 in 2001) and claim that the actual number of Jains is much higher, although without any supporting data.

The only reason given is that during the census, many Jains either do not identify themselves as Jains or the census takers on their own put them in the Hindu category. Even if we assume that there is a significant undercount of the Jains, trends show that actual number of Jains is going down as a percentage of total India's population, and this decline will accelerate. Survival of Jainism overseas is also threatened. (Abstract) To read full article view literature section in www.jainsamaj.org

NEW VEGETARIAN RESTAURANT IN SINGAPORE

1. Ananda Bhavan Chain of veg. restaurants
 - (a) 95 Syed Alwi Road., Singapore 207671 Tel: 63980837
 - (b) Blk-663 # 01-10., Buffalo Road, Singapore 210663 Tel: 62911943
 - (c) 221 Selegie Road, Singapore 188340 Tel: 63393643
 - (d) 221 Selegie Road, Singapore 188340 Tel: 63393643
 - (e) Changi Airport Terminal 2, Level 3 Viewing Mall North, 60 Airport Boulevard Tel : 6299 4466
2. Raj Restaurant Chain
 - (a) 20 Biopolis Way, #01-03 Centros Block Singapore 138668 Phone +65 6478-9495
 - (b) 76 Syed Alwi Road Singapore 207655 Phone +65 6297-1716
3. Balaji Restaurant - Opp. Mustafa Center, Syed Alwi Road
Source : Manish Jain, E-Mail : manishjainin@gmail.com, Tel: +65 98922704

BOOKS ON JAINISM

SUGGESTIVE LITERATURE FOR ACADEMIC STUDY OF JAINISM

These texts are either in Sanskrit or Prakrit, but are accompanied by comprehensive and accurate Hindi translation and explanation.

1. Kashayaprabhrita with Jayadhavala tika (set of 16 books)
2. Shatkhandagama with Dhavala tika (set of 16 books)
3. Mahabandho with Mahadhavala tika (set of 7 books)
4. Tattvartha-Shlokavartika [Tattvarthasutra] (set of 7 books)
5. Tattvartha-Rajavartika [Tattvarthasutra] (set of 2 books)
6. Tattvartha-Sara [Tattvarthasutra]
7. Tattvartha-Vritti [Tattvarthasutra]
8. Tattvartha-Sutra [Tattvarthasutra]
9. Shravakacara Samgraha (set of 4 books)
10. Tiloya-Pannatti (set of 2 books)
11. Jnana-Arnava
12. Bhagavati Aradhana
13. Dharma-Ratnakara
14. Dharma-Pariksha
15. Jambudiva-Pannatti
16. Purushartha Deshana [Purusharthasiddhyupaya]
17. Padmanandi Pancavimshati
18. Punyasrava Kathakosa
19. Siddhantasarasamgraha
20. Subhashita Ratnasamdoha
21. Ishtopadesha Bhashya
22. Svarupa-Sambodhana Parishilana
23. Tattva-Sara
24. Artha-Prakashika
25. Pancastikaya-Prabharta
26. Prakrit Bhavasamgraha
27. Barasa-Anuvekkha
28. Rayana-Sara
29. Atma-Aradhana
30. Dravya-Samgraha
31. Yoga-Sara

32. Bhagavan Mahavira ka Buniyadi Chintan
33. Alapa-Paddhati
34. Samadhi-Shataka
35. Mahamanav Sudarshan
36. Barasa-Anupekkha

All the above books are available at, Hindi Granth karyalay, 9 Hirabaug, C P Tank, Mumbai , E-Mail: Jainbooks@aol.com

UTTARADHYAYANA SUTRA

Uttaradhyayana Sutra is an important text for Jains. It has 1720 aphorisms divided into 36 chapters. It covers the varied aspects of life offering insightful discourses on spirituality, ethics, religion, duty, psychology, piety, appropriate conduct for Jain ascetics as well as Jain history. It gives the definitive explanation of rational perception, rational knowledge, rational conduct and rational penance. This work adumbrates Jain views on the principle of karma, on genesis, on the four worships, on the five major vows, etc. There is dispute within the Shwetambar community regarding who is qualified to read the Agamas, and who is not. While the murtipujak tradition of Shvetambar Jains believes that only properly ordained Jain ascetics may study this text under the strict guidance of their guru, and only after due yogodvahana {perfect adherence to the rules of the tradition of knowledge passing as per the disciplinary texts of that sect}. Whereas, the Sthanakavasi and Terapanthi sects hold that anyone, even a layperson may read the Agamas as long as he is capable of understanding them. The book has 61 paintings, printed on colour plates which compliments the text. The book is beautifully printed and bound and packed to international standards. It is very low priced as it is the publisher's cherished goal to make Jain teachings accessible to all. This work is part of the set of Jain Agamas printed in Hindi and English. We are proud to distribute this set in India and abroad. We offer free shipping anywhere in India for those who wish to buy the entire set. Eds. Amara Muni, Shrichand Surana and Varuna Muni . English translation by Surendra Bothara 2011 25 x 19 cm 568 pages + 61 art plates in full colour Deluxe hardcover edition. Price: Rs. 600. To obtain the book, please contact: Hindi Granth Karyalaya, 9 Hirabaug, C. P. Tank, Mumbai 400004.

TATVARTHA SUTRA GRANTH RELEASED ON MAHAVEER NIRVANA MAHOTSAVA AT MYSORE

Mysore, Oct. 26 On the auspicious occasion of The Bhagavan Mahaveera Nirvana Mahotsava, the book Tatvartha Suthra Grantha written by Acharya 108 Sri Madhuma-swamy was formally released by 108 Sri Shivasagara Muni. Sri Bhuvanakeerthi Bhattaraka Swamiji of Shravanabelagola and 108 Sri Prashama Sagara Muni graced the occasion. Digambara Jain Samaja President S. N. Prakash Babu presided over the ceremony. Vardhamanaiah Religious Charitable Trust President M. P. Shalini Veerendrakumar, Padmashri Mahila Samaja President Sheela Anantharaj and Shanthinath Seva Samithi President S. N. Devendraiah were the chief guests.

HISTORY

AN INTRODUCTION TO PRAKRIT LANGUAGES : Article By Mahavir Sanglikar

The meaning of 'Prakrit' is 'Natural'. The word prakrit is used for a group of languages spoken in ancient India. Jainism has a great relation with Prakrit Languages. In ancient India Sanskrit was spoken only by Vedic Bramhins, while common people's language was Prakrit. Jains always promoted their religion through people's languages. So most of ancient Jain literature was written in various Prakrit Languages.

Some of the Prakrit Languages :

Adhdamagahi (Ardhmagadhi) : Ardhamagadhi was the language of people in Magadh, Bihar. This language was spoken between 600 BCE to 100 CE. Vardhman Mahavir and his Ganadhars (Chief Disciples) gave sermons in Ardhamagadhi language. Mahavir's teachings were transmitted to next generation through oral tradition. Later the teachings were compiled by Shrideverdhigani in 454CE. Until that time the language was affected by time & influenced by Jain Maharashtri language. So the compiled verses are closer to Jain Maharashtri Language. The famous & popular Namokar-Mantra (also called as Navakar Mantra) of Jains is in Ardhamagadhi language. Shourseni : Shourseni was being spoken in Shoorsen (Mathura) region of North India between 100BCE to 500CE. Digamber Jains wrote their philosophical literature in Shourseni language. The Shatkhandaagam and Acharya Kundkund's works are in Shourseni. In Sanskrit dramas of Bhas, Kalidas etc. Shourseni is used for dialogs of servants, jokers, Labours etc. Jain Marhatti (Jain Maharashtri) : This was language of non-agamic Jain literature. Biographies of Teerthankars & great Acharys, Stories, Purans like paumchariya were written in this language. Jain Maharashtri was a language closer to Ardhamagadhi on one hand and to Maharashtri on the other hand. Marhatti (Maharashtri) : This language was used for Jain epics and songs. Gathasaptshati is a famous work in Maharashtri language. This book was compiled by Haal, a Satavahan King. Modern Marathi language is second next step language in the evolution of Maharashtri. Apbhransh : The meaning of Apbhransh is 'Vulgar' or 'Impure'.

Apbhransh is not a single language but there are many Apbhransh languages which were born from various Prakrit Languages. Apbhransh languages were spoken between 500CE to 1000CE. There is lot off jain literature written in Apbhransh languages in medieval period. Most of the modern Indian languages have their roots in Prakrit Languages. Western Hindi, Khadi Boli, Urdu, Punjabi languages have their roots in Shourseni Apbhransh language. Eastern Hindi has its root in Ardhmagdhi Apbhransh, Marathi and Konkani languages have their roots in Maharastri Apbhransh, Bangla, Udia, Assamese and Bhojpuri languages have their roots in Magdhi Apbhransh, Gujrathi and Rajasthani languages have their roots in Nagar Apbhransh, Kashmiri language has its roots in Paishachi Apbhransh.

HEALTH SECTION

NATURAL REMEDIES FOR ENLARGED PROSTATE

Enlarged prostate is a common ailment occurring in males above 60 to 65 years. usual medicines prescribed for this disease give temporary relief. Natural remedies have been found to be very effective in curing the disease on a permanent basis. Vitamin E is a powerful antioxidant (fat soluble) that has the ability to eliminate free oxygen radicals produced from oxidation of fats, thus limiting or delaying chronic diseases, like BPH. Additionally, vitamin E plays a significant role in enhancing the immune system. The Recommended Dietary Allowances (RDAs) for Vitamin E is 15 mg (22.4 IU) per day. Nuts, seeds, vegetable oils, green leafy vegetables and fortified cereals are excellent nutrient sources of vitamin E.

Tomatoes to the daily menu is an excellent idea to keep the prostate healthy. According to a prolonged Harvard study performed over forty seven thousand man in 2003; men who ate ten servings weekly of tomatoes had reduced their high risk of developing prostate cancer by fifty percent. Scientists believe that these results are due to tomatoes rich content of lycopene (this is the pigment which is responsible for tomatoes bright red color). Lycopene is the most potent form of carotene; actually, lycopene has ten times more antioxidant activity than β -carotene. Lycopene is the most powerful known antioxidant. Antioxidants are substances found in your diet which have the ability to inhibit or slow down the oxidative process (damage from oxygen) caused by harmful substances called free radicals that will result in cellular malfunction. Also, antioxidants can improve the body immunity system, and reduce the chances for infections and cancers as well. Foods containing carotenes, Vitamin C, Vitamin E and selenium are powerful sources of antioxidants. In fact, if you follow an eating plan rich in fresh fruits, veggies, whole grains and nuts can effectively supply your body with its needs of the antioxidants.

Zinc is considered to be one of the most effective natural remedies for enlarged prostate. Actually, it is a trace element that is believed to play an essential role in cell growth, cellular differentiation, controlling the normal cell apoptosis (death), and building the immune system as well. Scientists suggest that Zinc is helpful for both: enlarged prostates and inflamed prostates, they correlate zinc-deficiency with prostate enlargement. Zinc is available in myriad food sources, including: oysters (best source of zinc), red meat, poultry, seafood, fortified breakfast cereals, beans, nuts, whole grains, and dairy products. Also, a daily zinc supplementation can be taken. The average daily dose recommended for the treatment of enlarged prostate is 50-100 mg. Usually, zinc is added to most multivitamin and mineral dietary supplements. Soy is one of the most important natural remedies for enlarged prostate. You might know that soy is a subtropical native plant, mainly grows in southeastern area of Asia. Though soy was used as a medical herb in Asian countries from five thousand years, it was introduced in Europe in the 1700 s and in U.S.A. in 1800 s. Soy is thought to be a very effective way to inhibit the start of all prostate troubles, in fact, all soy-based foods are rich in phytoestrogens (isoflavones), which are believed to have an estrogen-like activity in your body, thus limiting the production of testosterone (this is a male sex hormone that is thought to cause enlarged prostate in elderly). Foods which are common sources of soy are: roasted and green soybean, soy flour, tofu and tofu yogurt, soy hot dogs, soy butter, soy ice cream, soy milk, soy yogurt, soy cheese, isolated soy protein (e.g. Supro), and soy noodles. The recommended dose for BPH is 40-120 mg taken orally for one year. The Amish use watermelon tea to flush out the system and help with bladder problems and prostate problems. Enjoy a slice of watermelon and spit the seeds in a cup. When you have 1/8 cup fresh watermelon seeds, put them in a 1-pint jar and fill with boiling water. Let the tea cool, strain, and drink. Drink 1 pint of tea every day for ten days.

READER'S REVIEWS & NOTES (We do not edit this section - Editor)

HONGKONG, ASHISH JAIN - I am a digamber jain basically from MP but living in Hongkong. My main area of work & interest is international business and have been in exports for apx 10 years. I am well travelled and have established global distribution networks for few companies. I happened to come across your details on www.jainsamaj.org which I found quite interesting. I would like to know more about your activities and how I can contribute to the same. Coming from MP-Jabalpur I know a many from our community who are struggling & despirately need professional counselling. Although Jabalpur has its own Jain Organisations but I am not sure on their activities.

I will be in Jabalpur later this month for holidays and will try to connect to relevant people then. I have kept all of you in cc and anyone can communicate with me for any assistance they want from my end or share ideas. - Ashish Jain, Cell: 00852 94041256, E-Mail: jain_a@hotmail.com

LILONGWE MALAWI (AFRICA) - BIKASH KUMAR JAIN & PUJA JAIN - Thanks a lot for giving me such a wonderful service to help me find my partner.....Neither I nor my family believed in internet proposals but www.jainsamaj.org and Ahimsa foundation proved it wrong.... I live in Africa and I found my Partner from your website, It is your great web site who got me a good life partner and a decent family at such a long distance. I found the web site very user friendly. My sister took initiative in looking prospective match for me on this site and on very next day she found my hubby's profile relevant. Then we talked over phone and mails and there wasn't a doubt left...so we got engaged on 18th October 2011. Thanks once again. This Engagement has now been stamped as a love marriage from all who know us... I strongly recommend this website to my family, friends, relatives and many singles in our circle who are looking a life partner with www.jainsamaj.org with a hope to find their soul mate soon. I would like to thank Ahimsa foundation and www.jainsamaj.org matrimonial team for having this website as a match making tool for singles. Therefore, I would like to request you that Please delete our profile number 3650 and 3928 from your list. E- mail - vikashjain17@yahoo.com

CORRECTION NEEDED ON WIKI PAGES

The wiki page on Jain meditation wrongly states: 'Acharya Kundakunda of first century BCE, Tamil Nadu, opened new dimensions of meditation through books like Samayasāra and Pravachansara.' I am not sure who is making all these statements on wiki - and what is the reference for such statements. He did not open the new dimension but told the truth as it is, and how Tirthankars preached. May be some learned members should participate in editing these pages which is accessed globally and gives a wrong impression. Shrish, E-Mail : shrishjain@gmail.com



PITTIABLE STATE OF COWS IN INDORE

I'm leaving Indore with a heavy heart, not because I am leaving behind dear ones I had come to visit, but because of what I saw on the streets of Indore and its outskirts. I am from Kolkata, where every year during a particular festival, cows are sacrificed in the open in certain areas, despite a Supreme Court judgment and numerous orders of the Calcutta High Court banning this practice. Like every year, this year too, I helped the petitioners in whatever way I could and then, to avoid the macabre spectacle, I came to Indore for a break.

My plans for a leisurely holiday went for a toss when, last Thursday, driving down Indore's Ring Road with my host, I saw two chilling incidents. A cow and its calf were crossing the road when a school bus (registration number 1810) belonging to a certain Emerald School knocked down the calf. The animal had almost crossed over and had the driver slowed down just little bit, he could have avoided hitting the calf. Fortunately, the injury was superficial and the calf managed to get up and walk off. On intercepting the bus, the driver's cheekily suggested that since I wasn't injured, I ought to shut up. Further on, I spotted another calf, one of its hind legs bent at an impossible angle, hobbling along on the divider. I stopped and took a closer look. I was horrified to see the leg was broken so badly that the bone was sticking out, blood oozing and maggots festering in the wound. The local people nonchalantly informed me that the calf was roaming around like that for the last 3-4 days. I immediately shifted her to a go-shala called Ahilya Devi Jivdaya Sangh. As it was getting dark, the people there gave some first aid and I resolved to follow it up the next day. The day after, as I and my host were driving down to see the calf with the broken leg, I saw a tractor-trailer at GPO crossing parked on the roadside. From the layers of grime I could barely decipher that it was a municipality vehicle tasked to pick up stray (awara) cattle. Inside were two forlorn cows and a calf, waiting in the blazing sun for the workers to turn up. I located the workers inside a filthy shed, dark, airless, its floor covered with at least an inch-thick layer of dung, urine and some indescribable gooey mess.

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They were busy trying to drag out a cow, which had slipped and fallen in that muck and wasn't getting up. While some of them were twisting its tail (subsequently confirmed as broken), another suggested that water be poured into its ear to make it get up. Others kept pushing, beating dragging. One of them, with a liberal dose of abuse, suggested that the cow be left in that shed as they were getting late. It was at this point that I intervened and spoke to my associates in Delhi who put me through to Ms Payal Sodhi of Ms Maneka Gandhi's People for Animals. The cow, a magnificent Gir from the Mahatma's home state, was then moved to the veterinary hospital at Snehlata Ganj near Patthar Godam where the veterinarians concluded that not only was she running a fever and had diarrhea but was in an advanced stage of pregnancy.

These three incidents should act as a wake-up call to both the residents as well as the civic authorities to the plight of these cows, male calves and bulls, all victims of a zero-input, whatever-output unorganized dairy industry operated by a section of the population. Merely worshipping the holy cow doesn't change anything for the cows of Indore as they get run over, kicked, beaten and choke on plastic as they rummage through garbage driven by hunger. Please do not treat them as a traffic nuisance but as a humane issue. I request the civic authorities to provide their staff with hydraulic lift trucks and trained, sensitive staff to pick up all such cattle, move them to sheds and tag them so that they can be tracked to see whether they end up on the streets again or worse still, are clandestinely shipped for slaughter. Let Indore, the commercial capital of Madhya Pradesh, rise to the occasion and create a model that can be replicated in other urban areas. Please call Dr Sudhir Khetawat at 9425937210 to get updates on the calf with the broken leg as well as the pregnant cow and to chip in in whatever way you can. The writer, Rajdeep Datta Roy, is a journalist from Kolkata, E-Mail : badlooram@gmail.com

DEVLOK GAMAN

MUNI SHRI SAMYAMASAGARA PASSED AWAY

Muni Shri Samyamasagara, (78 year old) disciple of Upadhyaya Shri Jnanasagara, passed away on 24.10.2011. He passed away in sallekhana. He was unwell for more than two week but did not accept any allopathic medication. He stayed true to the vows of a Digambara Jain monk and remained calm and equanimous in the face of illness and pain. In last five days, he was unable to drink water or accept food given as ahara. Muni Samyamasagara ji was a very humble and down to earth person. He always thought of others, and how he could be of help to them. He was venerated amongst monks and laypeople, for his calm nature, the firmness of his vows and for his wisdom. His samadhi is a great loss for the entire Jain community, and for all those who value the incomparable virtues of non-violence, self-control and penance. Source: Manish Modi, Mumbai 400004, E-Mail - Jainbooks@aol.com

Digambar Jain Muni Shri Sayam Sagar Ji Maharaj breathed his last at Shri Chandraprabh Digambar Jain temple at Mumbai on the 28th october, 2011. He had been having his Chaturmasic stay at Mumbai alongwith Upadhyay Shri Gyan Sagar Ji maharaj. He had accepted Diksha some 12 years ago. He had been on fast (Upwas) for a period of six years, followed by Ekasan vrat (only one time food as per Digambar practice) for another six years. He used to keep 'maun' vrat for most of the time. Muni Shri had been indisposed for the last one month. All the trustees of the temple trust alongwith thousands of devotees participated in the funeral procession and were present in large number at the funeral.

ACHARYA MERU BHUSHAN Ji ACCEPTS 12 YEARS SALLEKHANA SAMADHI

Digambar saint, Acharya Meru Bhushan ji maharaj accepted sallekhana samadhi on the 20th October, 2011 for a period of 12 years, ending on 20th October, 2023, when the samadhi -maran mahotsava is proposed to be held. Muni was born on 21st April, 1941 and he accepted muni diksha on the 28th April, 2002. He had decided to keep on fasting and also observing maun for most of this period. He has decided that just before the samadhi day, he would hand over his 'acharya' title to some other appropriate saint. He has also reportedly donated his body after his death for the benefit of medical students.

SAD DEMISE

KARNATAKA MUSIC ERA OF SURESH JAIN ENDS



Noted Jain Kannada film personality, Suresh Jain passed away at 52. He died at his residence around in Kathriguppa due to kidney ailment. A struggler for achievement Suresh Jain underwent heart surgery a few years back and he was down physically from the time he started 'Chiru' Kannada film. He owned Jhenkar Audio and Mars Recording Studio for last 30 years. He has left behind his wife, two sons and a daughter. His business owns hundreds of Kannada films audio rights and basic programs. He has produced Kannada films like Pritislebeku, Ninagoskara, Mussanje Mathu (super hit film starring Sudeep and Ramya) and recently he made 'Chiru'. Always going in for new style and system Suresh Jain made a strong foothold in the audio business. The cremation was performed as per Jain rituals and traditions in Bengaluru. We deeply mourn the demise of Suresh Jain.

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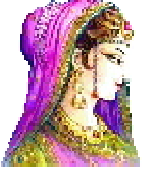
1. Kankuben Shah,Swetambar,Toronto,Canada,Retired
2. Chetan Dodhia,Swetambar,Toronto,Canada,Medical
3. Paras Dodhia,Swetambar,Toronto,Canada,I.T
4. Pawan Kumar Jain,Digambar,Hapur,Uttar Pradesh,Finance
5. Anandavi Jain,Digambar,Varanasi Taluk,Tamilnadu,Law
6. Sharad Jain,Digambar,Jaipur,Rajasthan,I. T.
7. Rajiv Jain,Swetambar,Faridabad,Haryana,Industrialist
8. Santosh Kumar Jain,Digambar,Kanpur,Uttar Pradesh,Business
9. Kalpesh Jain,Swetambar,Mumbai,Maharashtra,Business
10. Ravi Jain,Digambar,Green Park Extn,Delhi,Marketing
11. Jayesh Shah,Swetambar,Ahmadabad,Gujarat,Service
12. Varun Chandulal Gurjar,Swetambar,Desuri,Rajasthan,Service
13. Vinay Jain,Swetambar,Indore,Madhya Pradesh,Service
14. Shree Godiji Seva,Pratishthan,Swetambar,Pune,Maharashtra,Arts
15. Babu Lal Jain,Swetambar,Mysore,Karnataka,Industrialist
16. Manish Jain,Swetambar,Indore,Madhya Pradesh,Arts
17. Poonam Chand,Maharajpur,Swetambar,Bikaner,Rajasthan,Service
18. Saurabh Rakesh Jain,Digambar,Nagpur,Maharashtra,Engineer
19. Krunal Pravin Shah,Swetambar,Ankleshwar,Gujarat,Consultancy
20. Pratap Mulji,Dharamshi,Swetambar,Mumbai,Maharashtra,Academics
21. Alok Kumar, Digambar,Patna,Bihar,Arts
22. Mahendra Mehta,Swetambar,Udaipur,Rajasthan,Finance
23. Vinod Sonimindia,Swetambar,Pune,Maharashtra,I.T
24. Subhash Chand,Nahar,Swetambar,Lambiya,Rajasthan,Finance
25. Hasmukh Parikh,Swetambar,New York,U.S. A,Engineer
26. Surendra Kumar Bhansali,Swetambar,Surat,Gujarat,Business
27. Ayush Jain Digambar,Meerut,Uttar Pradesh,Student
28. Swapnil Mandge,Digambar,Mangrulpir,Maharashtra,Finance
29. Rajneesh P. Mehta,Swetambar,Mumbai,Maharashtra,Consultancy
30. Sunil Kumar Baj,Digambar,Jaipur,Rajasthan,Business
31. Rakesh Damar,Swetambar,Sheoganj,Rajasthan,Business
32. Manoj Soni,Digambar,Nimbahera,Rajasthan,Media
33. Nirmal Chordiya,Swetambar,Sangli,Maharashtra,Business
34. Sujit Kumar Jain,Digambar,Howrah,West Bengal,Business
35. Vinod Kumar Jain,Swetambar,Ambala,Haryana,Service
36. Pravin Kumar Jain,Swetambar,Ahmedabad,Gujarat,Industrialist
37. Manish Chopra,Swetambar,Bangalore,Kolkata,Business
38. Kamal Singh Dugar,Swetambar,Ghaziabad,Uttar Pradesh,Defence
39. Dr. Sudhir Jain,Digambar,Bhopal,Madhya Pradesh,Government
40. Rupesh Shah,Swetambar,Thara,Gujarat,Business
41. Deepak Jain,Swetambar,Dungargarh,Rajasthan,Arts
42. Subhash Chandra Mandawat,Swetambar,Ahmedabad,Gujarat,Consultancy

43. Saideep Bagrecha, Swetambar, Pune, Maharashtra, Consultancy
44. Rinkesh Kumar Shah, Swetambar, Ahmedabad, Gujarat, Law
45. Sanjeev Kumar Jain, Digambar, Gursarai, Uttar Pradesh, Medical
46. Anand Kumar Jain, Digambar, Varanasi, Uttar Pradesh, Government
47. Champat Singhi, Swetambar, Sirohi, Rajasthan, Consultancy

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2. Shobha Jain, 41, Swetambar, Jodhpur, Rajasthan, Divorcee
3. Aastha Parakh, 42, Swetambar, Ajmer, Rajasthan, Service
4. Ruchi Bhandari, 30, Swetambar, Jodhpur, Rajasthan, Service
5. Tanu Sankhla, 23, Swetambar, Jodhpur, Rajasthan, Service
6. Richa Jain, 23, Swetambar, Mumbai, Maharashtra, Engineering
7. Sweetie Jain, 24, Swetambar, Bhilwara, Rajasthan, Divorcee
8. Stuti Jain, 24, Digambar, Jagdalpur, Chhatisgarh, Others
9. Priya Jain, 24, Digambar, Agra, Uttar Pradesh, Engineering
10. Harsha Surana, 24, Swetambar, Surat, Gujarat, Engineering
11. Hansika Jain, 22, Swetambar, Faridabad, Haryana, Engineering



GROOMS

1. Rahul Jain, 25, Swetambar, Indore, Madhya Pradesh, Medicine
2. Manish Pokharna, 25, Swetambar, Udaipur, Rajasthan, Service
3. Mukesh Kumar Kukada, 32, Swetambar, Rawatbhata, Rajasthan, Widow
4. Davendra Jain, 32, Swetambar, Ajmer, Rajasthan, Others
5. Bhupesh Jain, 23, Digambar, Udaipur, Rajasthan, Law
6. Utsav Shah, 26, Swetambar, Ahmedabad, Gujarat, Law
7. Jignesh Kirtibhai Shah, 32, Swetambar, Ahmedabad, Gujarat, Business
8. Vikas Jain, 34, Digambar, Tundla, Uttar Pradesh, Service
9. Sani Kumar Patil, 27, Digambar, Nippani, Karnataka, Service
10. Puneet Jain, 26, Digambar, Etah, Uttar Pradesh, Business
11. Gang Davendra Kumar, 31, Swetambar, Ajmer, Rajasthan, Business
12. Arpit Chordia, 25, Swetambar, Ratlam, Madhya Pradesh, Business
13. Rishabh Jain, 30, Digambar, Mughalsarai, Uttar Pradesh, Business
14. Garvit Bhandari, 29, Swetambar, Pune, Maharashtra, Service
15. Prasham Jain, 42, Swetambar, Rohini, Delhi, Service
16. Akshay Jain, 25, Digambar, Mumbai, Maharashtra, Medicine
17. Tejas Shah, 29, Swetambar, Mumbai, Maharashtra, Business
18. Deepak Jain, 29, Digambar, Ghaziabad, Uttar Pradesh, Others
19. Krunal Sheth, 29, Swetambar, Surat, Gujarat, Service
20. Avishek Dugar, 32, Swetambar, Kolkata, West Bengal, Business
21. Pravin Jain, 40, Digambar, Wardha, Gujarat, Arts
22. Chirag Kavadia, 27, Swetambar, Udaipur, Rajasthan, Others

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24. Anurag Kondeya,26,Digamber,Bangalore,Karnataka,Computer

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3. Navkar Travels,Mumbai,Maharashtra,Travel
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7. Skarb & Skarb,Raja Naagar,Delhi,Air Charters
8. Sancheti Tea Industry,Koshi,Nepal,Industry
9. Kreative,Bhopal,Madhay Pradesh,Entertainment
10. Tushar Jain & Associates,Faridabad,Haryana,Chartered Accountants
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12. Shah Brothers,Mumbai,Maharashtra,Miscellaneous

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